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| **Nam of the nominating National Federation or Continental Confederation** |  | | | | |
| **NF/CC Contact** |  | | | | |
| **E-mail** |  | | | | |
| **Date of the nomination** | date |  | month |  | **2013** |

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| **Name /details of proposed athlete** | | | | | | | |
| Family name: | | | First Name: | | | | |
| Date of Birth: | dd mm yyyy | | Gender: | Male |  | Female |  |
| E-mail: |  | | | | | | |
| Passport number: | |  | | | | | |
| Passport expiry date: | |  | | | | | |
| **Contact details of the Parent or Guardians** | | | | | | | |
| Parent or Guardians Name: | |  | | | | | |
| Postal Address: | |  | | | | | |
| Phone: | |  | | | | | |
| E-mail: | |  | | | | | |
| **Contact details of athlete’s Coach(s)** | | | | | | | |
| Family Name: | | | First name: | | | | |
| E-mail: | | |  | | | | |

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| **Athlete - background in sport\*** | | | |
| **How many years have you participated in other sports before starting triathlon?** | | | |
| Sport: |  | Years in sport: |  |
| Sport: |  | Years in sport: |  |
| **How many years have you participated in Triathlon?** | | |  |
| **Current training frequency & volume** | | **Current km’s per week** | **Current Sessions per week** |
| Swim | |  |  |
| Bike | |  |  |
| Run | |  |  |

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| **Athlete - Primary sporting achievement\*** | | | |
| **Event** | **Result** | **Date (yyyy)** | **Place** |
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| Athlete Profile (Please provide a brief description of the athlete’s character and abilities. Include a rationale for nominating this athlete.) |  | | |

*\* NFs can supplement this information with the athlete’s sporting CV if available*

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| **Athlete - Participation in ITU and/or Continental Development Projects** | | | | |
| **Have you participated in any ITU or Continental Development Projects (scholarship, camp, Team ITU)?** | Yes |  | No |  |
| If, yes… please specify. | | | | |
| Project | Where? | | When? | |
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| **Attachments to enclose**  (will facilitate approval procedure if submitted) | Enclosed | | | |
| 1. Detailed sporting curriculum of athlete | Yes |  | No |  |
| 1. Copy of athlete’s passport | Yes |  | No |  |
| **Optional Attachments**  (will facilitate approval procedure if submitted) | Enclosed | | | |
| 1. Long Term Strategic Plan of the National Federation | Yes |  | No |  |
| 1. Individual Training Plan | Yes |  | No |  |

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| **DUE DATE FOR APPLICATION: MONDAY 15th JULY 2013**  **Please submit the application form to Zita Csovelyak at** [**zita@triathlon.org**](mailto:zita@triathlon.org) **on or before due dates.** |